

Trauma Care



“ It was a life-saving experience that will always be treasured. — Homewood Patient

Fast access to expert mental health services with specialized psychological intervention is the key to traumatic stress recovery. Trauma can leave a person debilitated by severe anxiety, nightmares, flashbacks, and uncontrollable thoughts. Left untreated, symptoms can worsen, leaving an individual unable to cope with everyday life.

Expert Clinical Care

Homewood Health’s unique Trauma Care Program provides specialized treatment for individuals who are struggling with trauma symptoms.

Our unparalleled clinical team offers treatment and resiliency training for PTSD, mood, and anxiety disorders via our national network of highly qualified clinicians.

In partnership with the Homewood Research Institute, we provide treatment approaches that have been developed and validated for successful and sustained recovery.

Specialty Treatment

Homewood’s unique program model is designed to incorporate industry best practices including Cognitive Behavioural Therapy; resiliency training; and a wide range of online mindfulness tools.

Outpatient treatment is designed for individuals who remain on the job but are struggling with acute, or long-term, trauma symptoms. The program provides up to 15 hours of individual treatment.

Easy Access – No Referral and No Waiting

Call Homewood Health’s Client Services Centre to request Trauma Care services. Our expert clinicians are specially trained in evidence-based psychotherapy, PTSD, and mood and anxiety and will conduct a screening during your call to ensure an appropriate fit for the program.

Call us at 1-866-565-4903
International (call collect): 604-689-1717
TTY: 1-888-384-1152

Homeweb.ca



Homewood
Health | Santé