





Job Aid: Removing Disposable Gloves




1 PURPOSE

The purpose of this job aid is to provide employees with a step-by-step process of how to safely remove disposable gloves.

2 PROCESS

1	Use one gloved hand to pinch the other gloved hand at the palm or the wrist.	 A black and white photograph showing a person's hands in white gloves. The right gloved hand is pinching the wrist of the left gloved hand. A large white number '1' is in the top left corner of the image.
2	Pull from the pinch point toward your fingertips, turning the glove you're removing inside out as you remove it from your hand.	 A black and white photograph showing the gloved hand being pulled away from the wrist. The glove is being turned inside out. A large white number '2.1' is in the top left corner of the image.
3	Hold the glove you removed with your gloved hand, and continue to hold it.	 A black and white photograph showing the gloved hand holding the removed glove. The glove is held by the wrist area. A large white number '2.2' is in the top left corner of the image.
4	To peel off the second glove, insert two ungloved fingers under the opening at the wrist.	 A black and white photograph showing the gloved hand holding the first glove while the other hand uses two fingers to peel the second glove off at the wrist. A large white number '3' is in the top left corner of the image.

Job Aid: Removing Disposable Gloves

5	Peel the remaining glove off, pulling the glove removed previously (and which you are still holding) inside it.	 <p>4</p>
6	Dispose the gloves properly in a garbage can.	 <p>5</p>
7	Before touching anything, wash your hands after removing your gloves. Wash for 20 seconds with soap and water. If you are without water, use hand sanitizer	 <p>6</p>